

# SITTA Group Training

## 12pm On Saturday 5/4

- 2 hour Training Includes: Warm-up, Consistency, Drills, 3rd Ball Attack, Match Strategy, and Much More!
- With New SITTA Coach Avi Schmidt, (Cal TT HOF!)
- Assist. Bryant Lin (USATT peak Rating **2470!** And former student of Avi at Alameda TTC), and James Therriault.
- All Levels Welcome - Beginner to Advanced! (We'll divide off so you'll train with similar level players!)
- 12pm - 1pm, 10 min break, 1:10pm - 2:10pm.
- \$25 at door, or \$20 in advance or online!

**\*Our goal is to help get you to the next level and be a part of a Team atmosphere here at SITTA\***

\*SITTA private weekend lessons are now available with Avi!\*

Saturday: 3-4pm, 4-5pm, 5-6pm. 6-7pm, 7-8pm, and 8-9pm.

Sun: 12-1pm, 1-2pm, 2-3pm, 4-5pm, and 5-6pm. \$40 per hour.

Register for Group Training and Lessons at: [sittafit.com](http://sittafit.com)

Contact SITTA: 916.619.8900 or email: [info@sittafit.com](mailto:info@sittafit.com)

SITTA is Located at: 5400 Power Inn Rd, in Sacramento

Saturday Round Robin on 5/4 at 3pm! Check-in by 2:30. Play 4-5 of your level! RR drop-in Fees: \$7 or \$5 if SITTA Member!

