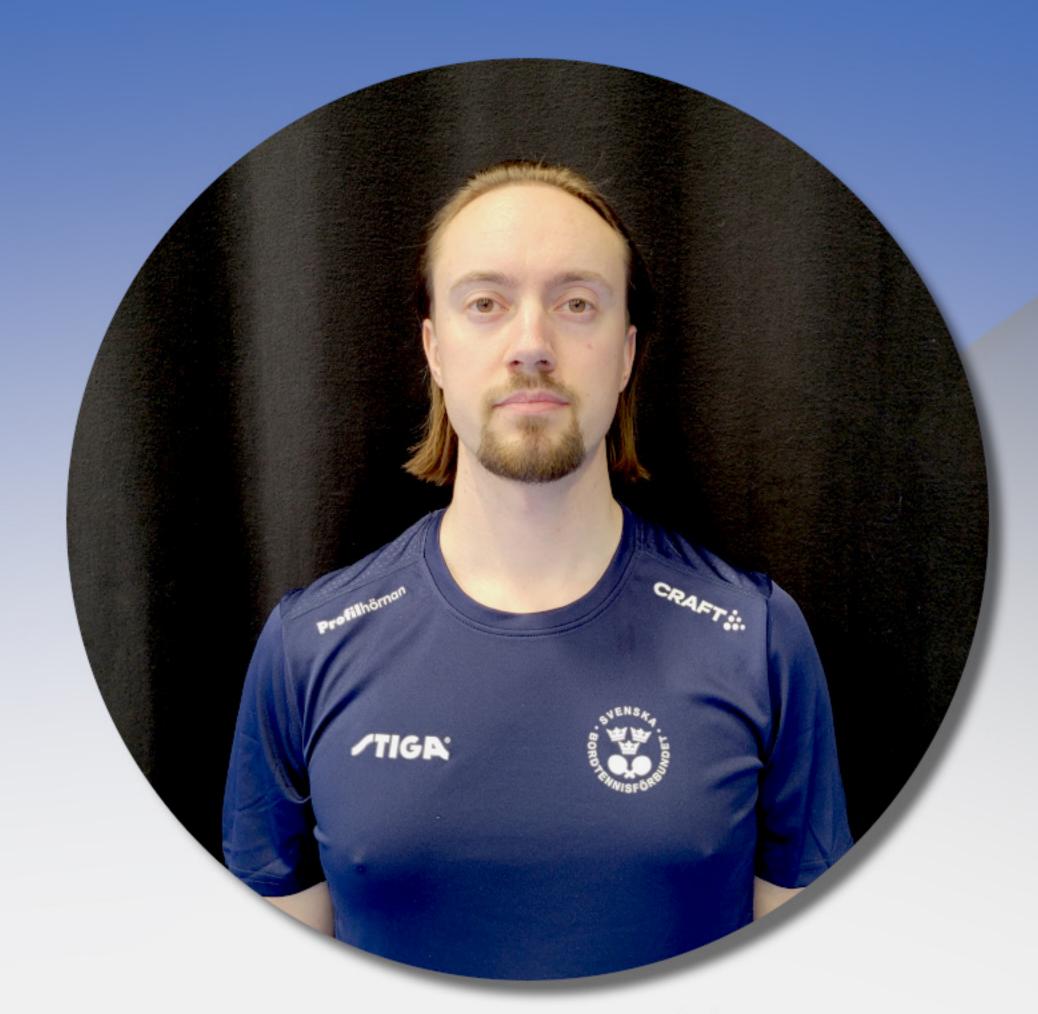


Seth & The Swedes The Coaches



Joel

National Coach Played Highest League in SWE



Seth

Top 12 USA TTTeam 2 Time Panamanian National Champion



Albin

Played Highest League in SWE Sweden Tour U20 Winner

Topics Covered

Serve Receive | Match Tactics | Sharpening Fundamentals Session 3 Session 1 Session 2

July 7th 5-8pm

- -Playing against long pips
- -Reading Serves
- -Pushing long Tactics
- -Improving Defense
- -Sharpening Fundamentals

July 8th 9am-12pm

- -Playing against Lefties
- -Receiving sidespin serves
- -Improving movements
- -Forehand & Backhand technique sharpening
- -Sharpen underspin loops
- -Receiving long serves

July 8th 2pm-5pm

- -Playing against short pips
- -Flipping with forehand
- -Flipping with Backhand
- -Sharpening movements
- -Improve transition

between forehand & BH

-Hitting Higher balls



